

FOR IMMEDIATE RELEASE: **Dr. Barbara Becker Holstein continues successful Virtual Book Tour for “The Truth, I’m Ten, I’m Smart and I Know Everything!”**



Join psychology and self-help author Barbara Becker Holstein, Ed.D, author of ***THE TRUTH: I’m Ten, I’m Smart and I Know Everything!*** (Ladybug Press), as she continues her virtual book tour with Pump Up Your Book Promotion Virtual Book Tours!



In July, 2007, her newest positive psychology book, ***The Truth, I’m Ten, I’m Smart and I Know Everything,*** was released. You will fall in love with the ten year old girl in this book, who has the courage and the wits to put into writing what every woman should remember about herself, her children and the truths that really matter. In a recent interview on Dr. Barbara explained the beginning thoughts prompting the story behind this book

“I see it as a tragic loss - we have forgotten so many of the simple truths known to us in our girlhood. The cost is enormous. Many of us walk around depressed, feeling like we're a balloon that has pins pricked into it. Many of us don't achieve our birthright of living out our potential. When I started “*The Truth*” I realized there was an opportunity for us to see ourselves with fresh eyes and to feel once again the passions of girlhood.” Join Dr. Barbara on her virtual book tour:

September 12, 2007 : [Start at the Beginning](#)

September 13, 2007 : [Boomer Chick](#)

September 18, 2007 : [Straight from the Author's Mouth](#)

September 19, 2007 : [Share Your Hero](#)

September 20, 2007 : [Inspired Author - Self-Promotion](#)

September 21, 2007 : [Share Your Heroine](#)

September 26, 2007 : [Author Talks](#)

September 27, 2007 : [Fictionscribe](#)

September 28, 2007 : [Pump Up Your Book Promotion Galleria of Book Reviews](#)

You can visit her website at <http://www.enchantedself.com/> or her blog at <http://www.enchantedself.typepad.com/>. She appears on radio and television. She hosts Happiness, For Women Only, on <http://www.internetvoicesradio.com/> and THE ENCHANTED SELF Magazine of <http://www.ladybuglive.com/>. She can be reached at 732-571-1200.