



## Announcing A New Enchanted Community

Podcasting

June 2007

Dear Readers:

I am excited to announce that beginning today I have moved this enchanted community into the wonderful world of Podcasting. Please [click here](#) to my blog to subscribe to the first in my new and exciting Podcast series. You will see a link to subscribe to my series on i-tunes in the top left hand column of my blog. My first Podcast is about my new book, ***The Truth, I'm 10, I'm Smart and I Know Everything***.

I hope you will subscribe to this series and invite others to join us.

For those of you new to Podcasting, it's very simple to use, and best of all it's free!

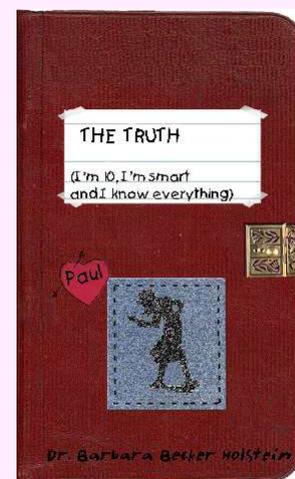
We have conveniently provided a link to subscribe to this series on i-Tunes, recognized as the world leader in delivering top quality audio. If you don't have i-Tunes just go to [itunes.com](http://itunes.com) and download a free version of their software. It's really just that simple. Then come back to my blog and use the link provided there to subscribe.

We have also posted an audio file on the blog that you can listen to right there if you prefer or you can just go to the front page of [enchantedself.com](http://enchantedself.com) and listen to the audio file up in the left hand corner.

I know we all like options so I am hoping that one way or another you will take the time to come hear what I have to say.

I look forward to hearing from you.

Enjoy!



Dr. Barbara Becker Holstein

## Sure Woman

In this newsletter I am celebrating several other wonderful women. One is Dawn G. Prince, who is the founder of [surewoman.com](http://surewoman.com). Take a look at her website and don't forget to read the excerpts she has put up from my new book, *The Truth, I'm Ten, I'm Smart and I Know Everything!*



"I started [SureWoman.com](http://SureWoman.com) after doing a series of articles on Domestic Violence. After the series, I didn't write for a month. I had to remove myself from that place that ravages a woman's spirit and takes a large part of who she is, and I needed to celebrate my own spirit. From the stories of the women I'd interviewed, I realized that women need to celebrate their spirit and encourage each other."

Dawn G. Prince

This site is off to a great start. Congratulations, Dawn!

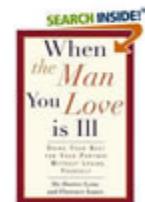
## Celebrate

Also, I wish to celebrate Dr. Dorree Lynn, another wonderful woman, who's site, [www.fiftyandfurthermore.com](http://www.fiftyandfurthermore.com) can't be beat. It is so full of information that I would need a day off to go through it! And she has a brand new book,



**When the Man You Love Is Ill:  
Doing Your Best for Your Partner  
Without Losing Yourself**

Click on the book to Read more  
about Dr. Dorree Lynn's  
newest book.



## Recipe For Enchantment

Let's never forget to celebrate each other. It is so important to talk about the wonderful things so many women are doing everyday.

Speaking of wonderful women to celebrate, Deborah Sheperd has sent in a beautiful **Recipe For Enchantment**.

Congratulations, Deborah.

Here it is:

**Personal reflections bring solace , spiritual awareness to your inner being**

**Take one cup of light**

**Take a cup of breathe**

**Take a cup of dance**

**Mix with smiles , silvery rain**

**You have the magical cup with your morning smile**

## The Truth On Sale

I'm offering 20% off the list price of *The Truth, My Secret Diary, I'm Ten, I'm Smart, And I Know Everything* which can be found at my website [enchantedself.com](http://enchantedself.com) and [amazon.com](http://amazon.com)

This book is cute and easy reading for all. Moms with young teenage girls, if you're wondering what your daughter is thinking or feeling about their first love, read this book!