

Dr. Barbara Becker Holstein

Author of The Truth Series

Dear Diary, August 24
"We still have another week off before school starts again.
I'm scared about starting a new school and not having any
friends and never having anyone to talk to on the telephone.
Can you believe that my brother already has three kids on this
block to play with and I have no one! I miss Angela so much
and I'm jealous that she's with other kids. Maybe sharing secrets.
Maybe she already has a new best friend! I'm so alone.
I'm scared the work will be really hard and I won't like school.
I'm scared no one will like me. I'm scared
I'm never going to be myself again and that's the truth."
Excerpt from Secrets

Why The Truth Series?

"The Truth Series helps girls
and women get back in touch
with their essential energies,
not superficial looks, and helps
girls feel proud of themselves
from the start."

Dr. Barbara Holstein



Dr. Holstein is a renowned author and Positive Psychologist, operating a private practice in Long Branch NJ. She has also been a teacher and school psychologist for 25 years. Dr. Holstein would be delighted to share **her latest book, 'Secrets (Tell me yours and I'll tell you mine...Maybe)', the newest addition to The Truth Series**, with your audience. *The Truth, (I'm a girl, I'm smart and I know everything)* is an Amazon hit, in its 2nd Edition and was released in China in 2009. The Truth Series is being written for a movie or TV series. Wish us luck!

**"Secrets is a wonderful book for tween girls
and their mothers to read."**

"In 'The Truth (I'm a girl, I'm smart and I know everything)' we met a young girl who is confident and ready to move forward. Now in '**Secrets – You tell me yours I'll tell you mine...maybe**', the uncertainty of adolescence threatens to steal her Truth. Follow this charming young girl on the cusp of womanhood as she shares her secrets and explores her ever-changing world." **Cheryl C. Malandrinos, The Children's and Teen's Book Connection**

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